

Fruit and/or vegetables

Weekly Menu

Week 1 Term 1

	Monday 31/1/22	Tuesday 1/2/22	Wednesday 2/2/22	Thursday 3/2/22	Friday 4/2/22
Breakfast	Hot Milo	French Toast with Berries	Avocado on Toast	Breakfast Burritos	Muffins
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	Toast, cereal, milk and fresh fruit are available for breakfast every morning.				
Afternoon Tea	Pizza Scrolls	Tuna Pasta Bake	Stroganoff	Butter Chicken	Wedges
	Puff pastry filled with chicken and Pizza toppings. Vegetarian option available	Tuna in pasta in a creamy sauce with vegetables Vegetarian option available	Lamb and vegetables in a housemade cream broth sauce served with pasta Vegetarian option available	House made Butter Chicken with seasonal vegetables Vegetarian option available	Baked wedges served wit sweet chilli sauce and sou cream
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	Fresh seasonal fruit is served everyday with afternoon tea. Fruit is also offered as a snack at 4.30pm and 5.30pm. Water is always available.				

Wholegrains & cereals

Dairy

Protein